

Private & Duo lessons

AT AVA DANCE CENTRE

Please note the rules and requirements described below are not out of the ordinary, most other dance studios have the same, if not more expectations and minimum requirements.

What are Solo/Duo Lessons?

Solo lessons are the best way to advance a dancer's technique, style, artistry and confidence. The careful one-on-one training tailored to the individual will see them make great improvement.

Solo/duo lessons are generally for dedicated dancers who wish to pursue performance and competitive opportunities. Students learn and perfect a routine/s to perform at local eisteddfods (entry fees apply).

To avoid long performances, not all solos/duos will be included in our regular mid-year and end of year performances.

Private lessons can also be used to improve students' technique. In these lessons, students do not learn a routine but rather specific exercises to strengthen their technique.

Such private lessons do not replace group classes, rather compliment them. Students must also be enrolled in a group class to enroll in technique private lessons.

General Rules/Requirements:

Who: Solo/duo routines are usually invitation only for technically strong, dedicated dancers. Students must have at least 1-2 years dance experience before beginning solos/duos.

If you are interested in your child doing a solo/duo, feel free to express your interest and I will be able to advise if I feel they are ready.

Ballet Class: All solo/duo students must be doing a ballet class. Ballet is the foundation of all dance styles and gives student the necessary foundation for solid technique.

Group Classes: Students must be enrolled in a group class in their solo/duo style i.e if a student is doing a jazz solo, they must be enrolled in a group jazz class.

Not only are they required to be enrolled in these classes, but also have consistent attendance.

Stretch & Strengthen: While not compulsory, it is highly recommended solo students are enrolled in Stretch & Strengthen or are committed to regular stretching at home. Limited flexibility means limited vocabulary of steps and it can be difficult for a choreographer to create a balanced routine.

Style, song & costume: Dance style, song choice and costume are all decided by the teacher/choreographer however, we are always open to hearing what you like too.

Duo partners: Duo partners are chosen by the teacher. Usually duo partners are similar age and height and have similar levels of technique and flexibility.

Minimum Commitment: Solo/duo lessons are only available on a weekly or fortnightly basis with a minimum commitment of a term.

Students competing with their solo/duo routines, are advised to attend ongoing weekly lessons.

Repetition and consistency are key for progress!

Practice: There is a huge expectation to practice at home. We try to add add new choreography each lesson so students need to practice at home and come to class ready to learn more.

Expectations: Solo/duo lessons are taken seriously. They are not a recreational class, they are for dedicated students who wish to pursue performance and competitive opportunities.

I set high expectations for my solo/duo students, I challenge them to reach their full potential and part of the lesson is working on technique, not just the routine.

Routine lifespan: When competing in eisteddfods, a solo/duo routine is usually kept for 1-2 years.

Age: Solos can start as young as 4.5/5 years of age. However each child is different so it does depend on the individual and when their teacher thinks they are ready.

Price: Solo lessons are \$28 per half hour. Lessons outside peak time (before 3pm) and siblings both doing privates with Angela are discounted to \$24 per half hour. Duo lessons are \$15 per child per 30 minutes.

If term fees are outstanding, your private lesson slot will become available to other students. All fees must be paid by the end of the term to continue with your private lesson. If a payment arrangement is required, please reach out and keep the communication open.

Costumes: Depending on the age of the student and style of dance, generally costumes can be \$60 - \$150 to purchase however ballet tutus are significantly more expensive. Students regularly competing in esiteddfods must purchase their costume.

Thank you for reading. We look forward to guiding your dancer on this exciting journey.